

CurQD® Protocol

Clinically Proven Nutraceutical

To get started:

- Take our free online assessment
- Receive your tailored protocol





CurQD® is a clinically proven formula combining uniquely sourced curcumin and Qing Dai (QD).

After your assessment, you will be recommended a 6-week protocol most suitable for your condition. Each protocol includes 3 bottles of CurQD® in a tailored formula. Each bottle is intended for 2 weeks of use, and must be taken in consecutive order.

That's 3 bottles for 6 weeks. Then return for your follow-up assessment. We also recommend returning for a follow-up with your treating physician at this time.

	Day 1-15	Day 15-30	Day 30-45
Protocol RED	CurQD 1	CurQD 1	CurQD 2
Protocol ORANGE	CurQD 2	CurQD 2	CurQD 3
Protocol YELLOW	CurQD 3	CurQD 3	CurQD 4
Protocol GREEN	CurQD 4	CurQD 4	CurQD 5
Protocol BLUE+	CurQD 5	CurQD 5	CURA
Protocol BLUE	CURA	CURA	CURA

Medical Guidelines

We advise that all our products be taken under your physician's guidance. CurQD® is not intended to replace your regular medications. If you are taking any other medication, please consult with your physician regarding the add-on use of CurQD®.

Do not take CurQD® if:

- You are pregnant, breastfeeding, or plan to conceive in the next 3 months
- You are allergic to Qing Dai (Indigo Tinctoria)
- You are diagnosed with a chronic liver disease
- You have a blood clotting (hypercoagulability) condition or have had venous thrombosis, pulmonary embolism, or pulmonary hypertension

Please discontinue CurQD® and consult your doctor if you experience any of the following: Shortness of breath, chest pain, palpitation, severe abdominal pain, jaundice, or any unexplained symptoms.

CurQD® was uncommonly associated with modest liver blood test abnormalities, which dissipated upon dose reduction or discontinuation. Liver blood tests are therefore recommended 3-6 weeks after starting CurQD®. CurQD® may cause mild headaches within the first 24-72 hours. This usually resolves on its own. If headaches worsen, dose reduction or discontinuation of CurQD® for 2-3 days before resuming at a lower dose is usually helpful.

Qing Dai has, on rare occasions, been associated with increased pressure in lung blood vessels (pulmonary hypertension) in patients taking a high dose for long durations, but this dissipated after Qing Dai was discontinued. Pulmonary hypertension has not been observed in patients taking CurQD®.